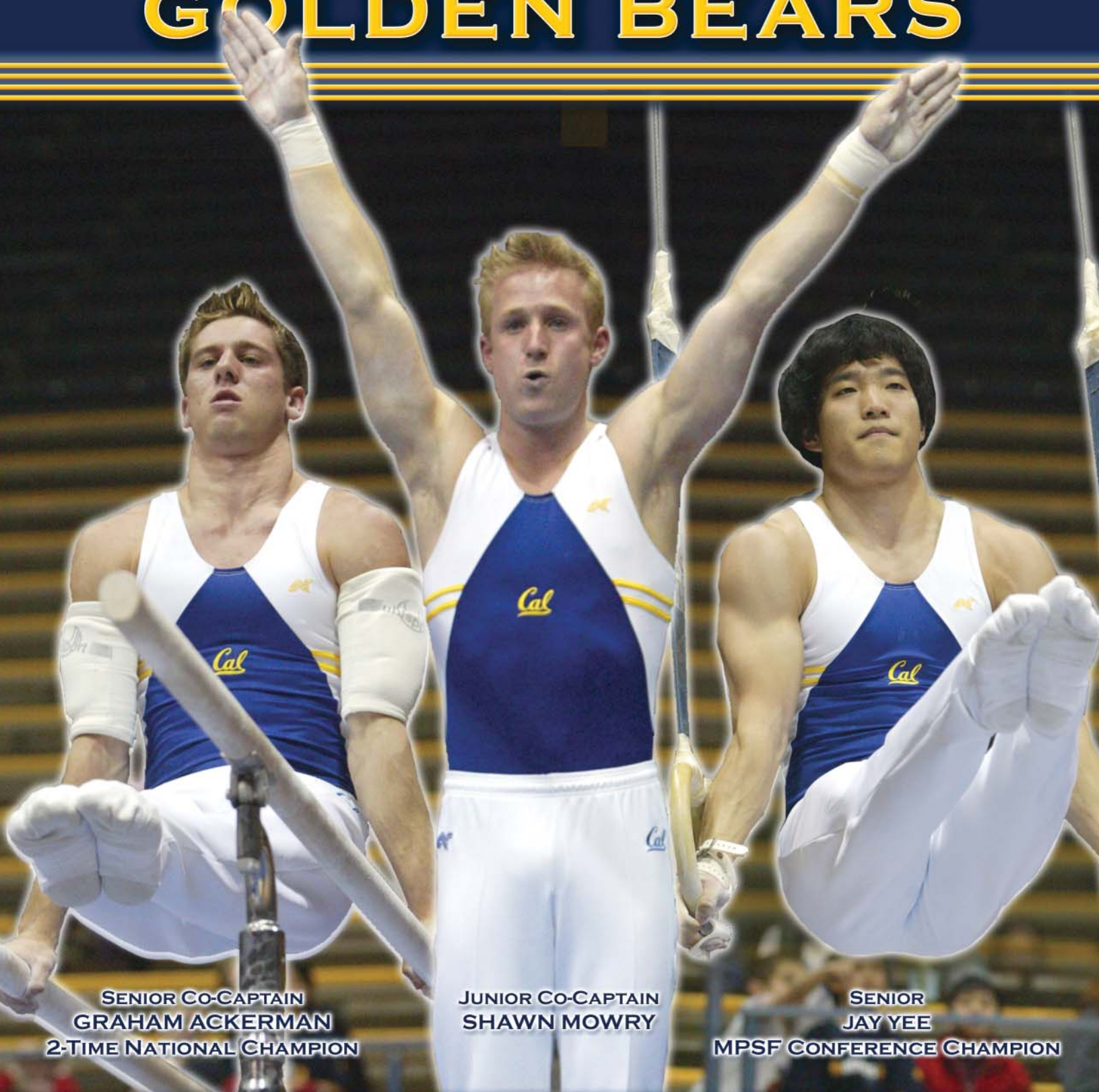


CALIFORNIA

GOLDEN BEARS



SENIOR CO-CAPTAIN
GRAHAM ACKERMAN
2-TIME NATIONAL CHAMPION

JUNIOR CO-CAPTAIN
SHAWN MOWRY

SENIOR
JAY YEE
MPSF CONFERENCE CHAMPION

2005 MEN'S GYMNASTICS MEDIA GUIDE

CALIFORNIA GYMNASTICS

GOLDEN BEAR QUICK FACTS

Name: University of California
 Location: Berkeley, CA
 Founded: 1868
 Enrollment: 33,000
 Nickname: Golden Bears
 Colors: Blue (282) & Gold (116)
 Chancellor: Dr. Robert J. Birgeneau
 Athletic Director: Sandy Barbour
 Ex. Assoc. Ath. Dir.: Teresa Kuehn
 Faculty Representative: Dr. William Lester
 Home Facility/Capacity: Haas Pavilion/11,892
 National Affiliation: NCAA Division I
 Conference: Mountain Pacific Sports Federation
 Head Coach: Barry Weiner
 Alma Mater/Year: Temple/1970
 Record at Cal/Years: 197-48-1 (.800)/14
 Career Record/Years: 197-48-1 (.800)/14
 Co-Head Coach: Kip Simons
 Alma Mater/Year: Ohio State/1996
 Gymnastics Office Phone: 510-642-9313
 Gymnastics Office Fax: 510-642-8339
 2004 Record: 16-1
 2004 MPSF Record/Finish: 1st
 2004 NCAA National Finish: 6th
 Ex. Assoc. AD/Communications: Bob Rose
 Men's Gymnastics Contact: Nick Adams
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CREDITS

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2005 MEN'S GYMNASTICS ROSTER

Name	Event	Ht.	Yr.	Exp.	Hometown (Previous School/Club)
Graham Ackerman	AA	5-8	Sr.	3V	Seattle, WA (Roosevelt HS/WA Men's Gym.)
Tyler Block	AA	5-6	Fr.	HS	Kennington, CA (St. Mary's HS/Golden Bear Gym.)
Kyle Brady	SR	5-6	Fr.	HS	Salinas, CA (Palma HS/Rising Star/Too Flight Gym.)
Colin Christ	AA	5-8	Fr.	HS	Palm Harbor, FL (East Lake HS/Gemini Gym.)
Mark Freeman	AA	5-3	Fr.	HS	Manchester, England (Manchester Institute Gym.)
Randall Heflin	AA	5-8	So.	1V	Norfolk, MA (Home-schooled)
Caleb Kirk	SR	5-7	So.	1V	Tuolumne, CA (Mother Lode Christ. HS/Top Flight Gym.)
Kyle Litow	AA	5-4	Fr.	RS	Slate Hill, NY (Minisink Valley HS/World Cup Gym.)
Tim McNeill	AA	5-6	Fr.	HS	Falls Church, VA (Home-schooled/Capital Gym.)
Shawn Mowry	AA	5-5	Jr.	2V	Fremont, CA (Irvington HS/Top Flight Gym.)
Aaron Moy	AA	5-6	Fr.	HS	Albany, CA (Albany HS/Golden Bear Gym.)
Bromley Palmountain	AA	5-10	So.	1V	Ware, MA (Ware HS/Tim Daggett's Gold Medal Gym.)
Alan Parsons	AA	5-4	Jr.	2V	Suffield, CT (Suffield HS/Tim Daggett's Gold Medal Gym.)
Jason David Pierce	AA	5-9	So.	1V	Palm Harbor, FL (Palm Harbor HS)
Chris Rodriguez	AA	5-10	Jr.	2V	Tomball, TX (Tomball HS/Browns Gym.)
Jay Yee	AA	5-5	Sr.	2V	Palo Alto, CA (UC Santa Barbara/Stanford Gym. Club)
Hiroki Yokoyama	AA	5-8	So.	1V	San Diego, CA (Torrey Pines HS/Mission Valley YMCA)

Head Coach: Barry Weiner (14th year)

Co-Head Coach: Kip Simons (5th year)

ALL-TIME ROSTER

Tim Acito, 1987-90
Graham Ackerman, 2002-present

Mark Adams, 1972-75
 Roger Adams, 1956-59
 Richard Adler, 1964
 Art Aldritt, 1955-1957
 Jerrald Allaire, 1938
 Don Allin, 1956-57
 Robert Anderson, 1948-50
 Arthur Anhier, 1940
 Suhail Arastu, 1999-2002
 Michael Ares, 1978-80
 Michael Ashe, 2000-04
 Mohammed Azarpy, 1978-81
 Patrick Bailey, 1963-67
 Tom Barry, 1986-88
 Ron Bartusiak, 1980-84
 Jeremy Baryza, 1993-94
 Tom Beach, 1974-77
 Billy Bedell, 1986-89
 Ron Bell, 1974-78
 Paul Benya, 1963-66
 Michael Bergman, 1979-82
 Doug Beernink, 1963
 Don Bergman, 1912-16
 Glenn Berry, 1922-25
 Jason Bertram, 1991-94
 George Binder, 1947
 Josh Birkelbaw, 1995-1998
 John Bizjak, 1979
 Michael Blasingame, 1968
Tyler Block, 2005
 William Bodle, 1958-59
 Bill Borden, 1961-62
 Orin Borders, 1967-68
 Dan Bowles, 1968-71
Kyle Brady, 2005
 Robert Brady, 1961-63
 Andrew Brandt, 1967
 Detlef Braun, 1981-84
 Chris Brown, 1987, 91
 Tom Bruce, 1964-68
 Kurt Brumbaugh, 1979-80
 Edward Burch, 1999
 Karl Byers, 1982
 Keb Byers, 1983-86
 John Cameron, 1974-77
 Paul Carlat, 1950-51
 Steve Carlsen, 1980-83
 Steve Cassidy, 1970-71
 Cliff Castle, 1967
 Mitchell Chan, 1979
 Alex Chansky, 1996-1998
 Crodd Chin, 1960-64
Colin Christ, 2005
 Doug Clinkenbeard, 1979
 Michael Cook, 1985-88
 Ben Corr, 1977-79
 Eric Courchesne, 1968-70
 Brycen Counts, 1993-1996
 Tabor Cowden, 1994-95
 John Dahlquist, 1958
 Lloyd Davidson, 1964-65

Paul Davis, 1961-62
 Roy Davis, 1958-60
 Mario DeLara, 1959-60
 Ramon DeLeon, 1983-84
 David DeManty, 1963
 Scott DeOca, 1984
 Ryan Dermody, 1993-94
 Gary Diamond, 1968-69
 Mike Dubos, 1974-78
 Jeremy Dwork, 2003-04
 David Eaton, 2001-04
 David Eby, 1974-77
 Larry Edelsen, 1981-84
 Darrell Eder, 1986
 Iverson Eicken, 1973-76
 Larry Elfbbaum, 1987-89
 Jon Elliston, 1978-79
 James Ely, 1978-81
 Eric Brandt-Erickson, 1965
 Dave Eskildsen, 1998-2001
 James Fairchild, 1960-61
 Tom Fashinell, 1960-63
 C.J. Faust, 1994-1997
 William Fazakerly, 1967
 Marc Feingold, 1989-93
 Rick Field, 1963-66
 Dave Fish, 1984-87
 Jim Fisher, 1972
 Aaron Floyd, 2000-2003
 Warwick Forbes, 1978-79
 John Ford, 1963-64
 Bryan Fox, 1993-1996
Mark Freeman, 2005
 Erik Frerking, 1978
 Sid Freudenstein, 1965-68
 Neil Friedman, 1979-83
 William Fujimoto, 1964-1968
 Jason Furr, 1998-1999
 Allan Fusilero, 1994-1998
 Roman Gankin, 1953-56
 Al Garcia, 1975-79
 Tom Gardner, 1969-71
 Steve George, 1993-1996
 Barry Gertz, 1970
 Finn Gjertsen, 1981-82
 Charles Glass, 1972-73
 Rich Golden, 1960-64
 Paul Goodale, 1954-56
 Arturo Gonzalez, 1974
 Thomas Gose, 1978
 Jeffrey Grant, 1962-63
 Michael Grater, 1992
 Scott Green, 1988-92
 Shin Green, 1992
 George Greenfield, 1968-71
 James Guay, 1993-94
 Chris Gworek, 1990-93
 Don Haderle, 1962-63
 Andrew Hampy, 1997-2001
 Jud Hammon, 1968-69
 Al Harmon, 1941-42
 Mark Harrison, 1954-56
 Matt Harrison, 1987-88

Mark Hassan, 1968-69
 Don Hazen, 1978-81
 Andrew Head, 1988-89
 William Henry, 1969
 Randolph Hepworth, 1965
 Ron Herman, 1963-64
 Aaron Hill, 2003-04
 John Hill, 1978
 Tim Hill, 1977
 Rod Hom, 1978-82
 Morgan Hughes, 1969-70
 Conrad Hurtt, 1980
 Gary Ino, 1973-77
 William Jackson, 1963
 Chuck Jenner, 1964-67
 Tom Johnsey, 1969-70
 Clark Johnson, 1971-75
 Eric Johnston, 1989
 Robert Jones, 1978-80
 Leon, Kapp, 1964-67
 Kevin Kawashita, 2002
 Ian Kelley-Thomas, 1998-2001
 Evan Kempner, 1988-90
 Don Kinkel, 1967-68
Caleb Kirk, 2004-present
 Oleg Kosyak, 1997 - 1998
 Tom Kratky, 1981-83
 Cal Krehel, 1970
 Aaron Floyd, 1994-1997
 Tom Kutz, 1999-2002
 Ilmer Laasi, 1963
 William Lamden, 1956-59
 Josh Landau, 1995-1998
 Gerald LaPlante, 1977
 James Lee, 1969
 Cory Lermo, 1988
 Don Levy, 1978
 James Lindstrom, 1965-67
Kyle Litow, 2004-present
 Matt Livingstone, 1977
 Art Lloyd, 1966-68
 Warren Long, 1975-79
 David Loskutoff, 1961-63
 Jay Lowy, 1976-77
 Charles Lucchesi, 1947-49
 Joseph Lum, 1989
 Marc Lundy, 1972-75
 Tim Lutz, 1968-69
 Jeffrey Marcus, 1968
 Keith Markolf, 1962-63
 Isidiro Martinez, 1978
 Andrew Mason, 1994-1997
 Steve Matsuo, 1975-77
 Patrick McCarthy, 1989-90
 Robbie McClaren, 1971
 Justin McCue, 1994-1997
 Matt McGaughey, 1974-75
 Ridge McGhee, 1974-75
 Douglas McGirr, 1969-72
Tim McNeill, 2005
 Jason Melbourne, 1993-94
 Steve Mikulak, 1984-87
 Dan Millman, 1964-68

Alvara Mirando, 1974
 Zia Modabber, 1980-84
 Stephen Monti, 1958-59
 Cody Moore, 2000-2003
 Mike Moore, 1963
 Minoru Morisaki, 1970-72
 William Morley 1954-1956
 Erich Moser, 1983, 85-87
 Tal Moscovitz, 1998-2001
 Bradley Moses, 1969-72
Shawn Mowry, 2003-present
Aaron Moy, 2005
 Dave Nakasako, 1984-87
 Don Nelson, 1956-61
 James Nelson, 1972
 John Nelson, 1969
 Lewis Nelson, 1964-65
 Michael Nelson, 1961-63
 Mike Nelson, 1991
 Paul Newman, 1963-65
 Alexander Nissen, 1998-1999
 Paul Orecchia, 1968-70
 Mark Okawachi, 1984
 Steven Omi, 1976-79
 Jon Omori, 1985-86
Bromley Palamountain, 2004-present
Alan Parsons, 2003-present
 Billy Paul, 1979-82
 James Pedgrift, 1961-63
 Fred Perkuhn, 1973-74
 Barney Peters, 1971-72
 Howie Peters, 1979-80
Jason David Pierce, 2004-present
 Ken Ponder, 1958-1960
 Steve Posner, 1972-75
 Don Potter, 1957-59
 Marcus Powell, 1998-2000
 Martin Pregno, 1982
 Mark Pumford, 1972
 Michael Ramstrom, 1965
 Jesse Ratzkin, 1992
 Paul Ray, 1967
 Robert Rayer, 1969
 Robert Reeves, 1962-63
 Bob Regan, 1979-82
 John Regan, 1969-72
 Spencer Reibman, 1971, 73-74
 Don Reichert, 1948-50
 Boris Reinhardt, 1936-38
 George Reyes, 1976-77
 Evan Richman, 1990-94
 Mike Robbins, 1957-59
 Josh Robison, 1964-67
 Phil Rockell, 1968-71
Chris Rodriguez, 2003-present
 Charles Rogers, 1976
 Kurt Ross, 1974
 Aldi Roushdi, 1952-1954
 Chris Rovee, 1988
 Dennis Rowe, 1968-69
 Lee Rumaner, 1983-84
 Steven Runyon, 1989-92

Ervin Ruzics, 1973
 William Sackett, 1965
 Brian Sano, 1999-2002
 Carl Satta, 1971-72
 Marc Savage, 1964
 Ken Schindler, 1963-64
 Rich Schmidt, 1959-62
 David Seed, 1954-56
 Glenn Seymour, 1973-74
 Art Shurlock, 1959-62
 Gewin Sincharoen, 1995-1998
 Tim Slottow, 1978-81
 Joe Slusky, 1961-63
Alex Smith, 2003-present
 Eric Smith, 1988-92
 Neil Smith, 1950-51
 Robert Smylie, 1968-70
 Herb Solomon, 1964-67
 James Solomon, 1969
 Dan Sperber, 1981-85
 Paul Spinka, 1981-84
 Robert Spracklin, 1953
 Gary Spunt, 1983-85
 Nicholas Stachniak, 1982-84
 Jeff Stein, 1995-1999
 Rodney Stensen, 1968-69
 Jim Stewart, 1990-93
 Robin Stoecker, 1972
 Bob Sundstrom, 1985-88
 Mac Sutherland, 1961-1964
 Scott Swanton, 1964-66
 Joel Tepp, 1967-68
 Greg Thomas, 1990
 Charles Thompson, 1947-49
 Patrick Tidd, 1981-82
 Larry Topping, 1963
 Chris Toy, 1995
 Gilbert Treviño, 2003
 Darian Turk, 1991-92
 Tom Vanasek, 1912-16
 Jonathan Warren, 1958
 Thomas Vick, 1998
 Tom Vorkoper, 1987-90
 Robert Walsh, 1963
 Jacob Wan, 1992-93
 Tom Weeden, 1973-76
 Trent Wells, 1994-1997
 Randy Wickstrom, 1981-84
 Tyr Wilbanks, 1975-79
 Tom Williams, 1966
 Joshua Winicki, 1989, 92-93
 Harold Wood, 1964
 Scott Wong, 1993-95
 Charles Worsham, 1964-65
 Kurt Wuttkie, 1957-58
Jay Yee, 2003-present
Hiroki Yokoyama, 2004-present
 Steve Zahm, 1961-64
 Marc Zletz, 1971
 Daniel Wyrick, 1995
 Evgenii Zherebchevskiy, 1997-1998
 Karl Ziehn, 1999-2002
 JinJing Zhang 2002

CAL OLYMPIANS

2000	Barry Weiner	USA
1996	Oleg Kosyak	Ukraine
	Kip Simons	USA
1984	Warren Long	Canada
1980	Mohammad Azarpy	Iran
	Finn Gjertsen	Norway
	Warren Long	Canada
	Martin Pregno	Norway



1976	Tom Beach	U.S.
1972	George Greenfield	U.S.
1968	Sid Freudenstein	U.S.
1964	Art Shurlock	U.S.
1944	Hal Frey, Coach	U.S.
1928	Glenn Berry	U.S.

Oleg Kosyak at the 1996 Olympic Games in Atlanta.

UNIVERSITY OF CALIFORNIA MEN'S GYMNASTICS

2005 COMPETITION SCHEDULE

<i>Date</i>	<i>Event</i>	<i>Location</i>	<i>Time</i>
1/16 Sun	Cal v. Stanford	Berkeley, CA	3:00 p.m.
1/22 Sat	Cardinal Open	Palo Alto, CA	7:00 p.m.
2/4-5 Fri-Sat	Winter Cup	Las Vegas, NV	7:00 p.m.
2/12 Sat	Nakamori Invitational	Berkeley, CA	7:00 p.m.
2/19 Sat	Pacific Coast Classic	Oakland Convention Center	7:00 p.m.
3/3 Thur	Pete Vidmar Invitational	Los Angeles, CA	7:00 p.m.
3/6 Sun	Cal v. Stanford (Coed)	Palo Alto, CA	3:00 p.m.
3/11 Fri	Cal v. Temple (Coed)	Berkeley, CA	7:30 p.m.
3/25-6 Fri-Sat	MPSF Championships	Norman, OK	7:00 p.m.
4/7-9 Thur-Sat	NCAA Championships	West Point, NY	7:00 p.m.

Home competitions are in **bold** and held in **Haas Pavilion, University of California, Berkeley.**

Admission is *free* to everyone

For more information on men's gymnastics check out Cal's official athletics Web site, <http://www.calbears.com>



2005 CALIFORNIA MEN'S GYMNASTICS SQUAD

TOP ROW: Shawn Mowry, Kyle Litow, Bromley Palamountain, Mark Freeman, Colin Christ. MIDDLE ROW: Jason David Pierce, Jay Yee, Aaron Moy, Tim McNeill, Chris Rodriguez, Hiroki Yokoyama, Randall Heflin, Graham Ackerman. BOTTOM ROW: Caleb Kirk, Tyler Block, Kyle Brady, Alan Parsons, manager Alex Smith.